

WHAT IS THE BIG PICTURE IN REGARDS TO TO FUTURE GROWTH ?

How do we grow the sport responsibly ?

We should promote consistent standard event rules/policies and procedures yet be able to offer events for all levels (from beginners to elite)(distance and terrain appropriate for the level).

How do we (as North Americans) become more competitive at the top level (International Competition)?

How do we get there from here:

1. By building from the bottom up, as well as building infrastructure from the top down and support/cooperation/collusion on all levels. (IFSS, ISDRA, National organizations, regional clubs, local clubs, etc).

2. It's not hard to find high quality race bred performance dogs, but that is only one step in the right direction.

3. Improve our skiers abilities and performance through improved training, conditioning, and preparedness.

4. Improve our overall level of training, conditioning, and preparedness.

How do we better prepare our future competitors for high level competition ?

1. Consistent and standard rules/policies/procedures from entry level to elite level.

2. Qualifying events should better simulate actual IFSS WC level competition (Bottom-line this means longer distances and real nordic terrain with real IFSS starts and following IFSS rules, policies, and procedures).

3. Education: We need to better promote ski/athletic skills building, human nutrition/conditioning, canine nutrition/conditioning, canine training, dog care.

4. Education: We need to better promote standard and consistent rules/policies procedures/protocol/etiquette. (including IFSS starts and passing)

5. Recruiting programs: We need to create Youth feeder programs, Junior Olympic Development programs, Mentor programs,

"If you wanna play with the big dogs, stop peeing like a puppy"

OUR TRAINING: For the dogs' sake we always promote quality training well before the first snowfall convinces you to buy skijoring equipment and donning slippery boards.

We also promote and advocate training pre-season and post-season. Any training (in any and all seasons) that assists in improving your skills proficiency is beneficial and key to your and

your dogs) success.

We always have a full array of training presentations available for all levels of "jorer" (dog powered sports enthusiast) and their canine pal; from those looking to just get started to advanced folks looking for tips and "secrets" to move up the competitive ranks.

The Midwest Skijorers Club generally starts fall training sessions in September. We offer single classes although the cumulative effects of compounding definitely applies to dog training making it very beneficial for you and your dog to attend as many weekly training sessions as possible.

Prior to attending any of our clinics, please view our Skijor 101 presentation as well as a RACING 101 presentation at the "Training Information" page (in PDF format).

RACE RESULTS times just for referene:

2011 **Scandinavian Open Championships 1 dog Skijor 22.5Km** (13.9 miles) was won by Ivar Skein in a time of 35:01 **(22.**

**5 Km =
13.9 miles) or
avg speed of
23.8 mph
)**

2014 The Pas World Championship ...The Pas Manitoba (Won by Buddy Streeper, with an average speed

**(on
35 miles
per day for 3**

**consecutive
days
)
of
16.66 mph**

2014 Fur Rondy ...Anchorage, AK (Won by Arleigh Reynolds, with an average speed (25 miles per day for 3 consecutive days) of 16.49 mph

The Limited North American Championship in Fairbanks also utilize a 3 day cumulative format Skijor (4.8/4.8/6.2 mi

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4
D
og (4.8/4.8/6.2 mi
les
)
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6
D
og (6.2/6.2/8
mi
les
)
;
8
D
og (11/11/12.5 mi
les
)

The 2014 Barkie Birkie (5K or 3.1 mi) was won by a time of 14:11:1 (5Km or 3.1 mi) avg speed of 12.9 mph

Wait what ! the 2011 Scandinavian Open Championships 1 dog Skijor was 13.9 miles long and was won with an avg

speed of
23.8 mph
) **WOW NICE ! That's a huge difference from
3.1 mile skijor with avg speed of
12.9 mph.**

We advocate OFF-SEASON Training activities : Training classes (we do pre-season and post-season dryland training classes),

We also advocate Cross-training activities such as: Bicycling, Triathlons, Canoeing/Kayaking, Trail Runs, 5K runs, Warrior-Dash, Tough Mudder, Muck-fest, Dirty Girl, Rugged Maniac, etc